

CITY OF OCEANSIDE

PROFESSIONAL SERVICES AGREEMENT

PROJECT: TRUECARE-PEER2PEER (P2P)

THIS AGREEMENT, dated July 1, 2026 for identification purposes, is made and entered into by and between the CITY OF OCEANSIDE, a municipal corporation, hereinafter designated as "CITY", and NORTH COUNTY HEALTH PROJECT INC DBA TRUECARE, hereinafter designated as "CONSULTANT."

NOW THEREFORE, THE PARTIES MUTUALLY AGREE AS FOLLOWS:

1. SCOPE OF WORK. The project is more particularly described as follows:

CONSULTANT will operate the Peer2Peer (P2P) program for up to fifteen (15) Oceanside High School students with lived experience (behavioral health concerns, substance use in their household, or knowing someone who is affected by Substance Abuse Disorder (SUD)), from July 1, 2026 through June 30, 2027 as described in the Scope of Work attached hereto and incorporated herein as Attachment A; CONSULTANT will engage, train, and support enrolled students as Peer Ambassadors who will disseminate information and share messaging to increase awareness and reduce youth substance use rates; CONSULTANT will recruit underrepresented and culturally diverse high school students through their relationship with Oceanside Unified School District (OUSD) staff, existing school groups, and campus resources; CONSULTANT will facilitate weekly after-school meetings, eight (8) tabling events, and a minimum of three (3) media projects centered around SUD; CONSULTANT will submit monthly invoices for authorized grant expenses to the Grant Coordinator with supporting documentation for any expenses claimed by the 15th of the following month; CONSULTANT will submit a quarterly report to the Grant Coordinator with information about the participants including: number of youth attending; demographics (age, race/ethnicity, income levels, etc.); projects/activities/field trips; surveys/testimonials; partner referrals, and any successes or barriers to program implementation, due no later than the 15th of following month; CONSULTANT and its participants agree to participate in all Youth Services evaluation requirements and activities; CONSULTANT will attend monthly OCSP meetings;

2. INDEPENDENT CONTRACTOR. CONSULTANT'S relationship to the CITY shall be that of an independent contractor. CONSULTANT shall have no authority, express or implied, to act on behalf of the CITY as an agent, or to bind the CITY to

any obligation whatsoever, unless specifically authorized in writing by the CITY. CONSULTANT shall be solely responsible for the performance of its employees, agents, and subcontractors under this Agreement, including the training of each employee regarding the rights and responsibilities of an employer and employee for any potential discrimination or harassment claim under state or federal law. CONSULTANT shall report to the CITY any and all employees, agents, and consultants performing work in connection with this project, and all shall be subject to the approval of the CITY.

3. **WORKERS' COMPENSATION.** Pursuant to Labor Code section 1861, the CONSULTANT hereby certifies that the CONSULTANT is aware of the provisions of Section 3700 of the Labor Code which require every employer to be insured against liability for Workers' Compensation or to undertake self-insurance in accordance with the provisions of that Code, and the CONSULTANT will comply with such provisions, and provide certification of such compliance as a part of this Agreement.

4. **LIABILITY INSURANCE.**

4.1. CONSULTANT shall, throughout the duration of this Agreement maintain comprehensive general liability and property damage insurance, or commercial general liability insurance, covering all operations of CONSULTANT, its agents and employees, performed in connection with this Agreement including but not limited to premises and automobile.

4.2 CONSULTANT shall maintain liability insurance in the following minimum limits:

Comprehensive General Liability Insurance
(bodily injury and property damage)

Combined Single Limit Per Occurrence	\$ 2,000,000
General Aggregate	\$ 4,000,000*

Commercial General Liability Insurance
(bodily injury and property damage)

General limit per occurrence	\$ 2,000,000
General limit project specific aggregate	\$ 4,000,000

<u>Automobile Liability Insurance</u>	\$ 2,000,000
---------------------------------------	--------------

*General aggregate per year, or part thereof, with respect to losses or other acts or omissions of CONSULTANT under this Agreement.

CONSULTANT is required to carry Sexual Misconduct coverage on their general liability insurance when working with youth under the age of eighteen (18)

- 4.3 If coverage is provided through a Commercial General Liability Insurance policy, a minimum of 50% of each of the aggregate limits shall remain available at all times. If over 50% of any aggregate limit has been paid or reserved, the CITY may require additional coverage to be purchased by the CONSULTANT to restore the required limits. The CONSULTANT shall also notify the CITY promptly of all losses or claims over \$25,000 resulting from work performed under this contract, or any loss or claim against the CONSULTANT resulting from any of the CONSULTANT'S work.
- 4.4 All insurance companies affording coverage to the CONSULTANT for the purposes of this Section shall add the City of Oceanside as "additional insured" under the designated insurance policy for all work performed under this agreement. Insurance coverage provided to the City as additional insured shall be primary insurance and other insurance maintained by the City of Oceanside, its officers, agents, and employees shall be excess only and not contributing with insurance provided pursuant to this Section.
- 4.5 All insurance companies affording coverage to the CONSULTANT pursuant to this agreement shall be insurance organizations admitted by the Insurance Commissioner of the State of California to transact business of insurance in the state or be rated as A-X or higher by A.M. Best.
- 4.6 CONSULTANT shall provide thirty (30) days written notice to the CITY should any policy required by this Agreement be cancelled before the expiration date. For the purposes of this notice requirement, any material change in the policy prior to the expiration shall be considered a cancellation.
- 4.7 CONSULTANT shall provide evidence of compliance with the insurance requirements listed above by providing, at minimum, a Certificate of Insurance and applicable endorsements, in a form satisfactory to the City Attorney, concurrently with the submittal of this Agreement.
- 4.8 CONSULTANT shall provide a substitute Certificate of Insurance no later than thirty (30) days prior to the policy expiration date. Failure by the CONSULTANT to provide such a substitution and extend the policy expiration date shall be considered a default by CONSULTANT and may subject the CONSULTANT to a suspension or termination of work under the Agreement.
- 4.9 Maintenance of insurance by the CONSULTANT as specified in this Agreement

shall in no way be interpreted as relieving the CONSULTANT of any responsibility whatsoever and the CONSULTANT may carry, at its own expense, such additional insurance as it deems necessary.

CONSULTANT shall provide evidence of compliance with these insurance requirements by providing a Certificate of Insurance.

5. **CONSULTANT'S INDEMNIFICATION OF CITY.** To the greatest extent allowed by law, CONSULTANT shall indemnify and hold harmless the CITY and its officers, agents and employees against all claims for damages to persons or property arising out of CONSULTANT's work, including the negligent acts, errors or omissions or wrongful acts or conduct of the CONSULTANT, or its employees, agents, subcontractors, or others in connection with the execution of the work covered by this Agreement, except for those claims arising from the willful misconduct, sole negligence or active negligence of the CITY, its officers, agents, or employees. CONSULTANT'S indemnification shall include any and all costs, expenses, attorneys' fees, expert fees and liability assessed against or incurred by the CITY, its officers, agents, or employees in defending against such claims or lawsuits, whether the same proceed to judgment or not. Further, CONSULTANT at its own expense shall, upon written request by the CITY, defend any such suit or action brought against the CITY, its officers, agents, or employees resulting or arising from the conduct, tortious acts or omissions of the CONSULTANT.

CONSULTANT'S indemnification of CITY shall not be limited by any prior or subsequent declaration by the CONSULTANT.

6. **COMPENSATION.** CONSULTANT'S compensation for all work performed in accordance with this Agreement, shall not exceed the total contract price of Twenty-Five-Thousand Dollars (\$25,000) as described in program budget attached hereto and incorporated herein as Attachment B. CONSULTANT agrees to submit all invoices for payment no later than the fifteenth (15th) of the following month.

No work shall be performed by CONSULTANT in excess of the total contract price without prior written approval of the CITY. CONSULTANT shall obtain approval by the CITY prior to performing any work that results in incidental expenses to CITY.

7. **TIMING REQUIREMENTS.** Time is of the essence in the performance of work under this Agreement and the timing requirements shall be strictly adhered to unless otherwise modified in writing. All work shall be completed in every detail to the satisfaction of the CITY by June 30, 2027. All final reports shall be submitted no later than thirty (30) days after end of term or July 30, 2027.

8. **ENTIRE AGREEMENT.** This Agreement comprises the entire integrated understanding between CITY and CONSULTANT concerning the work to be performed for this project and supersedes all prior negotiations, representations, or agreements.
9. **INTERPRETATION OF THE AGREEMENT.** The interpretation, validity and enforcement of the Agreement shall be governed by and construed under the laws of the State of California. The Agreement does not limit any other rights or remedies available to CITY.

The CONSULTANT shall be responsible for complying with all local, state, and federal laws whether or not said laws are expressly stated or referred to herein.

Should any provision herein be found or deemed to be invalid, the Agreement shall be construed as not containing such provision, and all other provisions, which are otherwise lawful, shall remain in full force and effect, and to this end the provisions of this Agreement are severable.

10. **AGREEMENT MODIFICATION.** This Agreement may not be modified orally or in any manner other than by an agreement in writing signed by the parties hereto.

- 11. **TERMINATION OF AGREEMENT.** Either party may terminate this Agreement by providing thirty (30) days' written notice to the other party. If any portion of the work is terminated or abandoned by the CITY, then the CITY shall pay CONSULTANT for any work completed up to and including the date of termination or abandonment of this Agreement. The CITY shall be required to compensate CONSULTANT only for work performed in accordance with the Agreement up to and including the date of termination.

- 12. **SIGNATURES.** The individuals executing this Agreement represent and warrant that they have the right, power, legal capacity and authority to enter into and to execute this Agreement on behalf of the respective legal entities of the CONSULTANT and the CITY.

IN WITNESS WHEREOF, the parties hereto for themselves, their heirs, executors, administrators, successors, and assigns do hereby agree to the full performance of the covenants herein contained and have caused this Professional Services Agreement to be executed by setting hereunto their signatures on the dates set forth below.

NORTH COUNTY HEALTH PROJECT
INC. DBA TRUECARE

CITY OF OCEANSIDE

By: _____
Michelle D. Gonzalez, MPA, President/CEO

By: _____
Jonathan Borrego/City Manager

By: _____
Name/Title

APPROVED AS TO FORM:

Employer ID No.

City Attorney

NOTARY ACKNOWLEDGMENTS OF CONSULTANT MUST BE ATTACHED.

SCOPE OF WORK

Organization: North County Health Project DBA TrueCare

Program: Peer 2 Peer (P2P)

Primary Contact: Elizabeth Ayala

Funding Source: Opioid Settlement Funding

Contract Term: July 1, 2026-June 30, 2027

Narrative:

TrueCare's goal is to engage, train, and support at least ten (up to 15) Oceanside High School students as Peer Ambassadors within the Peer2Peer (P2P) program. These 10- 15 Peer Ambassadors would then disseminate information and share messaging to at least 400 other students and their families who will benefit from the leadership, support, and practical skills that are taught, which will translate into increased awareness and a reduction in substance use rates as a younger generation is supported to thrive.

We believe these students will be reflective of the overall Oceanside Unified School District's population. According to data from the California Department of Education, 60.5% of students self-identify as Hispanic/Latino, 21.1% as White, 3.8% as African American, 2.1% as Filipino, 1.9% as Asian, 1.6% as Pacific Islander, 0.3% as American Indian, and 7.4% as two or more races. 71.4% are considered socioeconomically disadvantaged, and 11.2% are English learners. At Oceanside High School, 74.5% of students enrolled in 2024-25 were eligible for free and reduced-price meals. This is a population that TrueCare has over 55 years of experience of serving.

The Program:

In spring 2024, TrueCare launched a new evidence-based program model, Peer2Peer (P2P), in response to an increased need for social and behavioral health-related support. The P2P school-based program empowers student-led programming with a specialized focus on Hispanic and Latino youth and their families, improving mental health by training students as mental health ambassadors and reducing stigma with culturally and linguistically sensitive, targeted outreach to Hispanic/Latino youth, their families, and ultimately the North County community. Peer Ambassadors with lived experiences and passion for equity, inclusion, social justice, and cultural humility become an approachable, diverse, and trained team that promotes connection and utilizes peer-preferred outreach methods to reduce stigma and self-harm, both direct and indirect, for at-risk and impacted youth. Research has shown that youth prefer support from peers compared to adult authoritarian figures. Given this, coupled with the shortage of mental health professionals and challenges of securing cost-effective care, a model that meets youth where they are and challenges traditional models of care with a proven strategy can positively impact those youth engaged as Peer Ambassadors, as well as those peers they support.

In 2025, through the support of the City of Oceanside's Youth Services Initiative funding,

TrueCare used lessons learned and best practices from our P2P model at Palomar College in San Marcos to adopt the program for a younger high school-aged audience in Oceanside. The high school program has been highly successful, training Peer Ambassadors as systems of change that actively reduce stigma, build community relationships, and connect students to behavioral health services. In Oceanside, the program operates through a club-based format at Oceanside High School. We will continue partnering with the existing school resources to expand the reach and impact of our program. The P2P program serves as a call to action to contribute to the statewide effort for SUD and opioid use prevention through empathy and stigma reduction. We will also continue to empower Peer Ambassadors to raise awareness for behavioral health and other related social issues. A key component of the program is the student media project, which focuses on opioid use and substance use prevention. In addition to spreading prevention messaging, the media project also teaches skills in collaboration and communication.

In addition to leadership development, the P2P program is intentionally designed to build life skills and employability skills that students can carry with them past high school. Through community guest speakers covering practical topics such as financial literacy and experiential learning trips for teambuilding and academic development, students are exposed to real-world knowledge and perspectives that extend beyond the classroom. A core part of our work is helping students translate these experiences into transferable skills, equipping them not only for future careers but for life. In doing so, the program also nurtures students' sense of agency and advocacy, empowering them to recognize and communicate their own strengths. Importantly, this work helps students identify and take pride in their community's cultural wealth, fostering a deeper sense of belonging and affirming that their backgrounds, experiences, and identities are valuable assets. Services will be provided weekly after school for students through a club-based format, with healthy snacks/light meals provided. Students often arrive hungry after classes, and we have found that providing meals improves attentiveness and participation during the program meetings. Weekly meetings include educational presentations/workshops, community guest speakers, and planning and development periods for the students' tabling activities and media projects.

Goals/Metrics:

TrueCare will implement a comprehensive program evaluation plan for Peer2Peer beginning on the first day of the contract (July 1, 2026) and continuing through the final day of the contract (June 30, 2027). The evaluation framework is designed to measure program implementation fidelity, participant engagement, and behavioral health outcomes for Oceanside youth, while also ensuring alignment with City of Oceanside reporting requirements and continuous quality improvement. Peer2Peer will collect and track both quantitative and qualitative program data, including the following: participant demographics (aggregated); attendance and participation in

all program activities; evidence-based pre- and post-program surveys for each cohort of Peer Ambassadors; behavioral health outcomes (social-emotional growth); ongoing feedback/testimonials from students and school stakeholders; and referrals to TrueCare resources/health centers. Evaluation tools will include standardized surveys, confidential attendance and participation tracking tools, referral and care coordination tracking logs maintained by program staff, and structured feedback forms for students, caregivers, and school stakeholders.

Peer2Peer's main program goal is to develop mental health resilience and leadership qualities in traditionally underserved youth, in order to mitigate the impact/risks of opioid and substance misuse and bolster prevention efforts. Success will be measured through the following benchmarks:

- 10-15 Oceanside High School students (ages 14-18) will be trained as Peer Ambassadors and advocate to their peers on campus and within opportunity neighborhoods, including Crown Heights and Eastside areas.
- Peer Ambassadors will develop long-term social and emotional skills, self-discipline, and cultural identity. These will be developed through structured workshops, training, collaborative/group projects, and hands-on community outreach/engagement through tabling events.
- Peer Ambassadors will create collaborative media projects (between 3-5 media projects, depending on group size) centered around SUD/ODU prevention messaging. Students will work in groups throughout the year and present their final project at the end of the program. The media projects are designed to incorporate outreach strategies, behavioral health and substance abuse topics, and other skills that students have developed throughout the year that will help them build out their projects.
- Peer Ambassadors will also design and create interactive tabling opportunities for their peers that they will present during lunchtime periods. Participants will be split across 2 groups, and we will host 4 tabling events throughout the school year, resulting in a total of 8 unique educational and interactive activities.

TrueCare will also implement structured follow-up procedures to assess the longer-term outcomes of the Peer2Peer program, including tracking for referral completion. Where appropriate and with consent, follow-up outreach may occur to assess ongoing service utilization and sustained behavioral health improvements. Additionally, TrueCare will participate in City-directed or independent evaluation processes as required. We agree to participate in monthly Oceanside Community Safety Partnership meetings to further ensure alignment with community priorities and allow for ongoing sharing of trends, outcomes, and lessons learned.

TrueCare will submit all required reports to the City of Oceanside, including documentation of the scope of work activities, demographics, budget, program activities, enrollment, attendance, and invoices. TrueCare would also be happy to host City staff at any time for a site visit and/or interview.

City of Oceanside - TrueCare

Program Budget

Agency: TrueCare
Program: Peer 2 Peer
Contract Period: July 1, 2026 through June 30, 2027

Program Award

Contract Budget

Budget Line Item

Operations

Peer 2 Peer

\$ 25,000.00

Total:

\$ 25,000.00

*A detailed budget will be provided before 7/1/2026

