

ESTIMATE

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Bill to
 Division Chief Lucifer Keener
 Oceanside, CA Fire Department

Ship to
 Division Chief Lucifer Keener
 Oceanside, CA Fire Department

Estimate details

Estimate no.: 1423
 Estimate date: 03/17/2026

| # | Date | Product or service | Description | Qty | Rate | Amount |
|----|------|---|---|-----|----------|-------------|
| 1. | | "Silver Package" Health & Fitness Assessment | <p>Enhanced Labs & Urinalysis: Urinalysis, Complete Blood Count, Complete Metabolic Panel Lipid Panel with LDL/HDL Ratio, A1C, Thyroid Stimulating Hormone, Prostate Specific Antigen (male patients 40 and over), FIT Fecal Occult Screening Kit (patients 40 and over), C-Reactive Protein, CA-125 Ovarian Cancer Screening (females)</p> <p>Physical Exam: Comprehensive Physical with Health History & Vitals, Advanced Vision Testing (Titmus V2), Audiometry Testing, Skin Cancer Assessment, Behavioral Health & Sleep Disruption Assessment (Questionnaires & Oral exam), Breast Cancer Screening and Mammogram Recommendation/Review (females), Review of Results w/ Personalized Health Plan</p> <p>Cardiopulmonary Screening & Fitness Assessment Cardiopulmonary Exercise Testing (CPET, consisting of 12-lead EKG treadmill/stepmill stress test to maximal volition, Blood Pressure readings, and TRUE VO2 Max Testing), Pulmonary Function Testing (Spirometry), Metabolic Analysis w/ Body Composition , Muscular Endurance, Strength and Flexibility Evaluation, Cardiology followup interpretation for irregular</p> | 120 | \$829.00 | \$99,480.00 |

results, if indicated

Ultrasound Cancer Screening:
Ultrasound imaging of the carotid arteries, aorta & aortic valves, thyroid, liver, pancreas, gall bladder, spleen, kidneys, bladder, pelvic (women), testicular and prostate (men),
Radiology followup for abnormal findings, as indicated

Department Physician Services
Fit-for-Duty Guidance: Expert evaluation and recommendations regarding work restrictions, accommodations, and return-to-duty determinations, Policy & Labor Support: Medical input for departmental health policies and participation in MOU and labor negotiations as an independent clinical authority, Case Management & Follow-Up: Continuous physician guidance for members with identified medical conditions, including coordination, monitoring, and return-to-work support, Independent Medical Oversight: Objective, evidence-based medical opinions aligned with occupational health, NFPA standards and industry best practices

Virtual Health Education Seminars

| | | | | | |
|----|-----------------------------|---|-----|--------|--------|
| 2. | OFF-SITE Blood Draws | Blood draws performed off-site at LabCorp or Quest at no additional charge. | 120 | \$0.00 | \$0.00 |
|----|-----------------------------|---|-----|--------|--------|

Total **\$99,480.00**

Note to customer

Please note: This estimate is subject to our Cancellation Policy. It is also subject to our Unplanned Paperwork Requests Policy, which states:

For any form/paperwork requests, there will be a \$19 fee for ALL forms processed outside of an appointment with a provider (unplanned DOT forms, unplanned Medical Clearance Forms, unplanned stats gathering, etc). Our standard processing time is 5-7 business days.

Accepted date

Accepted by